

SELF HELP SUPPORT GROUPS

- AA/NA
814-9002
- Al-anon
814-947-5073
- Alateen
814-947-5073
- Celebrate Recovery (Sundays PM)
814-942-9400
- Crossroads (AA Clubhouse)
814-943-4302
- Crossover Christian Support Group
814-946-8089
- Depression Support Group Info
814-946-2209
- Dual Recovery Anonymous (DRA)
814-943-4302
- NAMI
814-942-4779
- OCD Support Group Info
UPMC Altoona-1st Tues 7 pm
814-946-2209

SHELTER

- Altoona Rescue Mission
814-942-2170
- American Red Cross (Disaster Services)
814-946-6146
- Blair House
814-943-8259
- Emergency Shelter Project
814-949-3778
- PATH (Kelly)
814-943-0414
- Precious Life (Pregnant Women)
814-944-2669
- Salvation Army Rehab
814-946-3645
- Teen Shelter
814-941-0975

SPECIAL SERVICES

- AIDS Intervention Project
814-944-2982
- Appalachian Youth Services
814-943-4090
- Blair County Association for the Blind
814-944-2021
- Center for Independent Living
814-949-1905
- Domestic Abuse Project
814-944-3585
- Family Planning Center
814-946-2012
- State Health Center
814-946-7300
- United Way
814-944-0884

TRANSPORTATION

- A-1 Altoona Taxi
814-942-6102
- Amtran (Bus)
Amtran Tyrone Service
814-944-4074
- Blair Senior Services
814-946-1235
Schedule Ride: 814-695-3500
- PennDot
1-800-932-4600
- Med Van
814-948-6170
- Yellow Cab
814-944-6105

VETERANS

- Veterans Affairs Medical Center
814-943-8164
- Veterans Home
814-695-5001

BLAIR COUNTY POCKET RESOURCE GUIDE



Emergency: Call 911

For Information and resources
In Blair County available 24/7:
Call 211

For additional copies of this guide,
please contact Blair County
Department of Social Services
814-693-3023

ALCOHOL/DRUG TREATMENT

- ACCESS CENTER
(Assessment & Referral)
814-889-2279
- Cove Forge Behavioral Health
814-944-4635
- Blair County Drug & Alcohol
814-381-0921
- Discovery House
814-943-7000
- Eagleville
1-610-635-7546
- Home Nursing Agency (Alternatives)
814-943-0414
- Moore Counseling
814-942-2378/814-684-9996
- Pyramid Healthcare
1-888-694-9996
- Roxbury
1-717-530-2319
- St. Joseph Institute
814-692-4954
- White Deer Run
814-943-1699

CHILDREN/YOUTH

- Child Abuse Line
1-800-932-0313
- Child Advocates/Head Start
814-946-5247
- Child Care Info. Services
814-949-9110
- Children & Youth Services
814-693-3130
- Early Intervention Services
814-949-7230
- Families In Crisis Service (FICS)
814-696-7327

CHILDREN/YOUTH Cont'd

- Family Resource Center
814-941-7711
- Family Services
814-944-3583
- Day One Inc.
814-949-9210
- Precious Life
814-944-2669
- Runaway Hotline (Local)
1-800-227-8336
- Teen Line (T, TH, 3-5pm)
814-946-8556
- Teen Link Connection
814-941-8336
- Tough Love
814-941-7711
- WIC (Home Nursing Agency)
814-943-0481

CLOTHING

- American Rescue Workers
814-695-0762
- Father's House
814-381-7021
- Priceless Gifts
814-793-9581
- Salvation Army Thrift Store
814-942-9355
- St. Lukes Lutheran Church
814-942-1432
- St. Vincent DePaul
814-943-1981

COUNSELING

- ACRP
814-942-9425
- Blair Family Solutions
814-944-9970

COUNSELING/YOUTH Cont'd

- Catholic Social Services
814-944-9388
- Cove Christian Counseling
814-793-0010
- Day One Inc.
814-949-9210
- Family Services
814-944-3583
- Home Nursing Agency (Center for Counseling)
814-943-0414
- Nulton Diagnostics & Treatment Center
814-944-4722
- Primary Health Network
814-942-5000

CRIMINAL JUSTICE

- Adult Probation & Parole
814-693-3190
- Altoona Police Non-Emergency
814-949-2489
- Juvenile Probation Office
814-693-3230
- Mid Penn Legal Services
1-800-326-9177/814-943-8139
- Public Defender's Office
814-693-3255
- State Police
814-696-6100
- State Probation & Parole
814-946-7357

CRISIS

- Community Crisis Center
814-889-2141
- Contact Altoona
814-946-9050
- Domestic Abuse
814-944-3585

ELDERLY/SENIOR CONCERNS

- Allegheny Lutheran Social Ministries
814-696-4500
- Alzheimer's Association
814-237-2550
- Blair Senior Services
814-946-1235
- Protective Services
1-800-245-3282

FINANCIAL

- Blair Co. Assistance Office
814-946-7111
- Social Security Administration
1-888-245-5368
- Blair Co Community Action
814-946-1641

HELP with UTILITIES & RENT

- Blair Co Community Action
2100 -6th Ave., Altoona
814-946-3651
- Blair County Senior Services
1320-12th Ave., Altoona
814-946-1235
- Catholic Social Services
1300-12th St., Altoona
814-944-9388
- LIHEAP-Energy Assistance
814-946-7365

FOOD

- Abundant Life Food Bank (12-3 Wed)
814-942-6650
- Altoona Food Bank
2100-6th Ave., Altoona
(M-W-F-9:30am-12:00pm)
814-946-3651
- American Rescue Workers-HLBG
814-695-0762
- Claysburg Food Bank
574 S. Bedford St., Claysburg
814-239-2440
- Father's House
1017 16th Ave., Altoona
(M 6-8, Th 12-2, Sat 9:15-12:00)
814-381-7021
- First Baptist Church
12th Ave. & 17th St., Altoona
(2nd & 4th Thur. 10:30-3:30)
814-943-8162
- Sacred Heart Food Bank
(Weds 10-2)
814-944-3922
- St. Matthews-Martinsburg
814-793-2413
- St. Vincent DePaul Food Bank
Pleasant Vly Blvd & Pierce St., Altoona
(Tues. & Thurs. 9:00-12:00)
814-943-7962
- Tyrone Food Bank
814-684-3911
- Wesley Church Tyrone
814-684-3341
- Zion Lutheran Williamsburg Food Bank
(Thurs 1-3)
814-832-3329

HOME HEALTH SUPPORT SERVICES

- Allegheny Lutheran Services
814-696-4500
- Blair Senior Services
814-946-1235
- Center for Independent Living
814-949-1905
- CRI
814-944-2645
- Home Instead Senior Care
814-693-2911
- Comfort Keepers
814-684-0645
- UCP
814-946-4036

HOSPITALS

- UPMC-Altoona
814-889-2011
- James E VanZandt VA Center
814-943-8164
- Nason Hospital
814-224-2141
- Tyrone Hospital
814-684-1255

HOUSING-subsidized

- Altoona Housing Authority
814-949-2000
- Blair Co. Housing Authority-Hlbg
814-695-7548
- Cherry Grove Altoona
814-944-6385
- Cold Springs Tyrone
814-695-7548
- Country Manor Duncansville
814-695-6655
- Emerald Estates Gallitzin
814-943-7712
- Fairview Hills Altoona
814-949-2016
- Greenfield Townhouse Claysburg
814-239-5510
- Logan Hills Altoona
814-944-2551
- Penn Alto Altoona
814-943-6171
- Pleasant Village Altoona
814-949-2010
- Roaring Spring Commons
814-224-4764
- Showalter Apts Martinsburg
814-793-4273
- Spring Manor Hollidaysburg
814-695-0388
- Sylvan Manor Hollidaysburg
814-684-0305
- The Fairview/Taylor Altoona
814-946-1515
- Twin Mountain Apts Altoona
814-949-2699
- Tyrone Park Apartments
814-684-7427

HOUSING-subsidized Cont'd

- Tyrone Townhouses
814-684-5404
- Union Avenue Apts Altoona
814-944-9466
- Walnut Place/Towne Plaza Altoona
814-944-1348
- Washington Terrace Tyrone
814-684-0305

MEALS

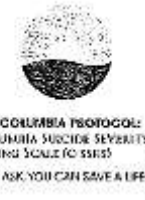
- 28th St. Church of the Brethren
3rd Saturday-Oct thru May 11:30-1
814-946-0098
- Blair Senior Services (age 60+)
814-946-1235
- Salvation Army
814-942-8104
- Simpson Temple
814-942-0840
- St Vincent DePaul Soup Kitchen
814-944-6302

MENTAL HEALTH

- ACRP
814-942-9425
- UPMC-Altoona Community Crisis
814-889-2141
- Cen Clear
814-342-5678
- Home Nursing Agency (Assessment)
814-943-0414
- Meadows Psychiatric Center
1-800-641-7529
- Nulton Diagnostic & Treatment
814-944-4722

Wraparound Services

- Blair Family Solutions
814-944-9970
- Canal Ways
814-695-7180
- Cen Clear
814-342-1666
- Home Nursing Agency (Children's)
814-946-0261
- Nulton Diagnostics
814-944-4722
- UCBH (Meadows)
814-946-9142



To Download Search:
"Columbia Protocol" in Google Play or App Store

DIAL 911 FOR EMERGENCY



**Mental Health Crisis
Dial 889-2141 Option 1**